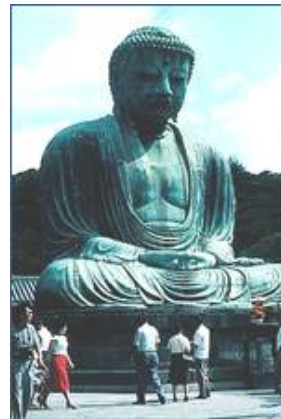


Buddhism

Founder

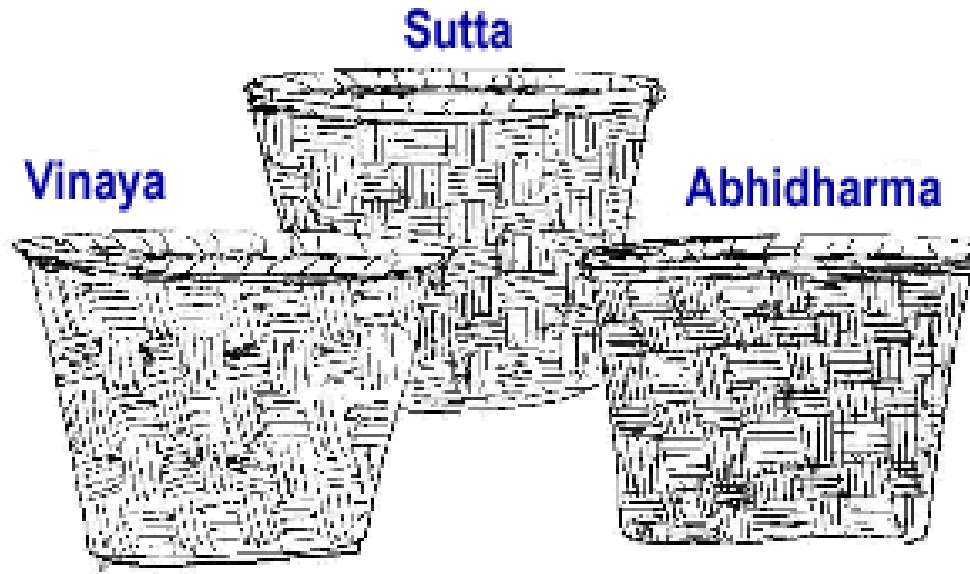
- **Siddhartha Gautama**
 - born c. 566 BC
 - Kshatriya caste (**Hindu**)
 - awareness of human suffering
 - 48 days of meditation
 - **Buddha** – the “Enlightened One”



Religious Text

- *Tripitika* – “Three Baskets of Wisdom”

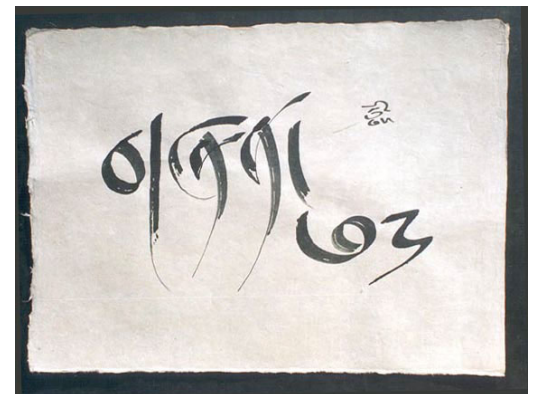
Tripittaka - Three Baskets



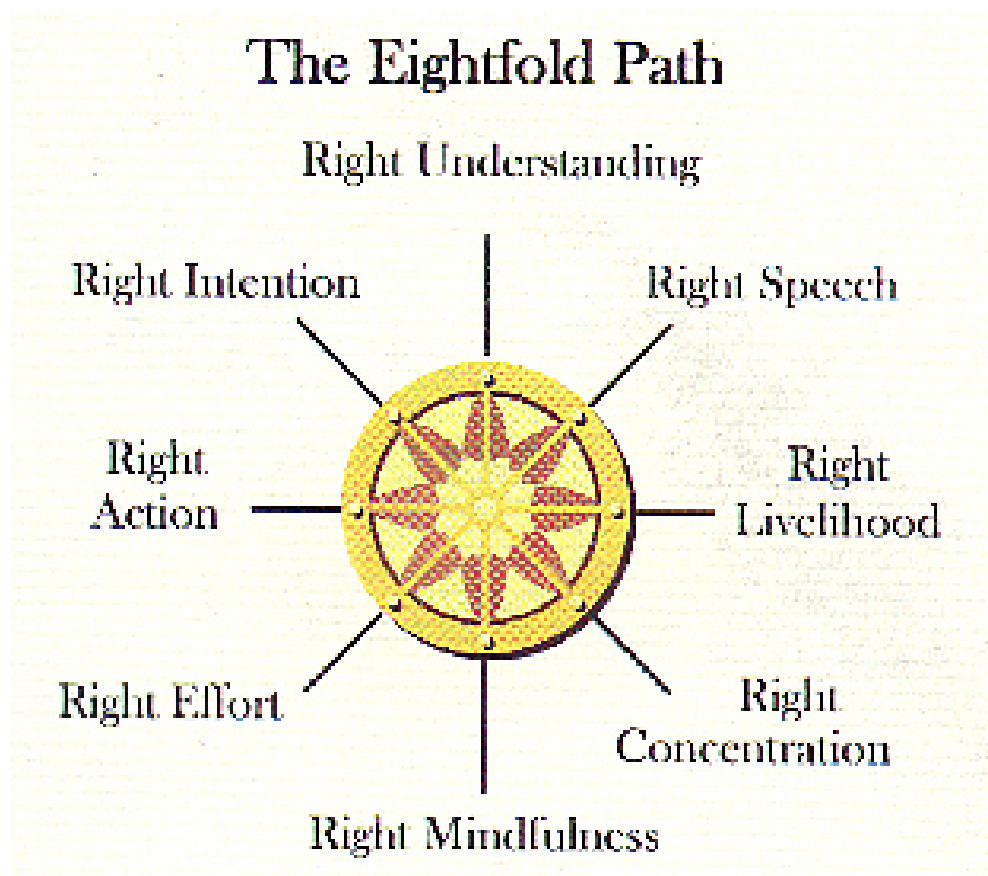
Major Beliefs

- **Four Noble Truths**

1. All life is suffering and pain
2. The cause of suffering is desire.
3. The only cure for suffering is to overcome desire.
4. The only way to overcome desire is to follow the **Eightfold Path**.



- **The Eightfold Path**
 - Guide for life as a Buddhist.



- **nirvana**
 - union with the universe
 - break out of the cycle of reincarnation
- accepted some of the beliefs of Hinduism
 - karma
 - dharma
 - reincarnation
 - ahimsa

- rejected some Hindu thought

- no gods
- no priests
- formal rituals
- the caste system



Two Schools of Buddhism

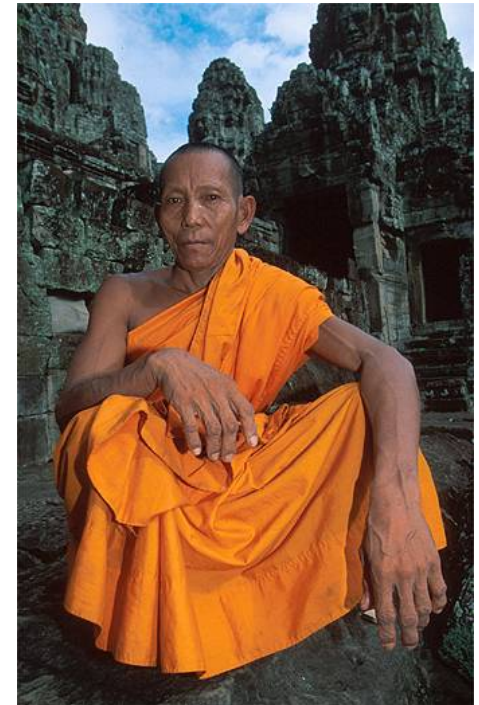
- Theravada

- true to Buddha's original teachings
- must be devoted to spiritual work
- monks and nuns were most likely to reach Nirvana



- Mahayana

- easier for ordinary people
- Buddha as a god
- the afterlife



THERAVADA & MAHAYANA

